

Department of Nutrition and Food Studies
HONF-FDS – Nutrition & Food Studies, (B.S.)
Area of Concentration: Food Studies
Program of Study
2020-2021

Total Units Required			128		
Liberal Arts Requirements		60	Specialization Requirements		68
College Core Curriculum (CORE)		48	Required Core Courses		16
Foreign Language		8	Course Number	Course Title	Units
Expository Writing		8	FOOD-UE 1051	Food & Identity	4
Course Number	Course Title	Units	NUTR-UE 85	Intro to Foods & Food Science	3
EXPOS-UA 1	Writing the Essay	4	NUTR-UE 91	Food Management Theory	3
ACE-UE 110	The Advanced College Essay	4	NUTR-UE 119	Nutrition & Health	3
			NUTR-UE 1052	Food Production & Management ^(a,b)	3
Foundations of Scientific Inquiry		12			
Course Number	Course Title	Units	Specialization		33
CORE-UA 1xx/ MATH-UA xxx/ ST-CORE-UE*	Quantitative Reasoning	4	Course Number	Course Title	Units
CORE-UA xxx/ST-CORE-UE*	Physical/Life Sciences	8	FOOD-UE 071	Food Issues of Contemporary Society	4
			FOOD-UE 1033	Food Systems: Food & Agriculture	4
Foundations of Contemporary Culture		20	FOOD-UE 1056	Internship in Food Studies & Food Management	3
Course Number	Course Title	Units	FOOD-UE 1118	Research in Food Studies	2
CORE-UA xxx/ST-CORE-UE*	Texts and Ideas	4	FOOD-UE 1130	Communication Workshop in Foods & Nutrition	2
CORE-UA xxx/ST-CORE-UE*	Cultures and Contexts	4	FOOD-UE 1135	Essentials of Cuisine: International	3
CORE-UA xxx/ST-CORE-UE*	Expressive Culture	4	FOOD-UE 1180	Food & Nutrition in a Global Society	4
CORE-UA xxx/ST-CORE-UE*	Societies & the Social Sciences**	8	FOOD-UE 1183	Techniques of Regional Cuisines ^(a)	2
			FOOD-UE 1204	Food in the Arts	2
			FOOD-UE 1210	Introduction to Food History	4
Liberal Arts Electives	12		FOOD-UE 1217	Advanced Foods ^(a)	3
** Choose one Social Science (e.g. Anthropology, Economics, Politics, Psychology, Sociology) and complete one introductory and one advanced class in the same discipline		Restricted Electives by Advisement			7
		Course Number	Course Title	Units	
(a) Prerequisite: NUTR-UE 85		MGMT-UB 1	Management & Organization Analysis	4	
		FOOD-UE 1000	Independent Study	1-6	
(b) Prerequisite: NUTR-UE 91		FOOD-UE 1025	Beverages	3	
		FOOD-UE 1050	Food and the City	4	
		FOOD-UE 1109	Food Laws & Regulations	3	
		FOOD-UE 1204	Food in the Arts	2	
		FOOD-UE 1271	Food Photography	1	
		NUTR-UE 1187	Introduction to Global Issues in Nutrition	4	
		FOOD-UE/NUTR-UE and other electives by advisement			
		Unrestricted Electives		12	
Additional Requirements		0			
Course Number	Course Title	Units			
SAHS-UE 1	New Student Seminar	0			
	Writing Proficiency Examination				

[*Steinhardt Liberal Arts Core](#)

last revised February 11, 2018

last approved December 2019