

**NYU****STEINHARDT**

Department of Nutrition and Food Studies
HONF-RDS – Nutrition & Food Studies, (B.S.)
Area of Concentration: Nutrition & Dietetics
Program of Study
2019-2020

Total Units Required	128
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Liberal Arts Requirements		60
College Core Curriculum (CORE)		46
Foreign Language		8
Expository Writing		8
EXPOS-UA 1	Writing the Essay	4
ACE-UE 110	The Advanced College Essay	4
Foundations of Contemporary Culture		12
CORE-UA.xxx/ST-CORE-UE*	Texts and Ideas	4
CORE-UA.xxx/ST-CORE-UE*	Cultures and Contexts	4
CORE-UA.xxx/ST-CORE-UE*	Expressive Culture	4
Societies and the Social Sciences		4
PSYCH-UA 1	Intro to Psychology	4
	OR	
APSY-UE 2	Intro. to Psychology & its Principles	4
Foundations of Scientific Inquiry		14
Quantitative Reasoning		
APSTA-UE 1085	Basic Statistics I or other Statistics by advisement	4
Physical/Life Sciences		
CHEM-UA 120	Intro to Modern Chemistry	5
CHEM-UA 210	Principles of Organic & Biological Chemistry	5
Liberal Arts Elective		14

- a) Pre-Requisite: NUTR-UE 85
- b) Pre-Requisite: NUTR-UE 91
- c) Pre-Requisite: NUTR-UE 119
- d) Pre-Requisite: CHEM-UA 210
- e) Pre-Requisite: NUTR-UE 1068
- f) Pre-Requisite: CHEM-UA 120
- g) Pre-Requisite: NUTR-UE 1064
- h) Pre-Requisite: NUTR-UE 1260
- i) Co-Requisite: NUTR-UE 1260

last updated Mar 9, 2018

*Steinhardt Liberal Arts Core <http://steinhardt.nyu.edu/advisement/LAC>

Specialization Requirements		68
Required Core Courses		16
FOOD-UE 1051	Food & Identity	4
NUTR-UE 85	Intro to Foods & Food Science	3
NUTR-UE 91	Food Management Theory	3
NUTR-UE 119	Nutrition & Health	3
NUTR-UE 1052	Food Production & Management (a,b)	3
Specialization		33
NUTR-UE 120	Theories & Techniques of Nutrition Education and Counseling (c)	2
NUTR-UE 1023	Food Microbiology & Sanitation	3
NUTR-UE 1064	Nutritional Biochemistry (c, d, e)	3
NUTR-UE 1068	Introduction to Human Physiology	4
NUTR-UE 1117	Current Research in Nutrition (seniors)	2
NUTR-UE 1184	Food Science and Technology (a, f)	3
NUTR-UE 1185	Clinical Nutrition Assessment and Intervention (g, h)	3
NUTR-UE 1198	Fieldwork in Nutrition (h)	4
NUTR-UE 1209	Community Nutrition (i)	3
NUTR-UE 1260	Diet Assessment and Planning (c, e)	3
NUTR-UE 1269	Nutrition & The Life Cycle (i)	3
Restricted Electives by Advisement		7
APSY-UE 1012	Counseling Interview	4
FOOD-UE 071	Food Issues of Contemporary Society	4
FOOD-UE 1000	Independent Study	1-6
FOOD-UE 1130	Communication Workshop in Foods & Nutrition	2
FOOD-UE 1180	Food & Nutrition in a Global Society	4
FOOD-UE 1217	Advanced Foods	3
MGMT-UB 1	Management & Organization Analysis	4
NURSE-UN 239	Health Assessment	3
NUTR-UE 1187	Introduction to Global Issues in Nutrition	4
UGPH-GU 10	Health and Society in a Global Context	4
UGPH-GU 30	Epidemiology for Global Health	4
FOOD-UE/NUTR-UE and other electives by advisement		
Unrestricted Electives		12
Additional Requirements		0
SAHS-UE 1	New Student Seminar	0
Writing Proficiency Examination		