

Department of Applied Psychology
GECMHWMA - Counseling for Mental Health and Wellness (MA)
Program of Study
2022-2023

Total Units Required		60
Foundational Courses		18
<i>To be taken during the first year (including summer)</i>		
Course Number	Course Title	Units
<i>First Semester</i>		
APSY-GE 2661	Foundations of Counseling for Mental Health & Wellness ¹	3
APSY-GE 2658	Lab in Individual Counseling Skills ¹	3
APSY-GE 2657	Individual Counseling: Theory and Process ¹	3
APSY-GE 2138	Human Growth and Development ¹	3
<i>Second Semester</i>		
APSY-GE 2651	Professional Orientation & Ethical Issues in Counseling for Mental Health and Wellness ¹	3
<i>Summer</i>		
APSY-GE 2812	Practicum in Counseling for Mental Health and Wellness ¹	3
Intermediate Courses		15
<i>To be taken before or during internship, as noted</i>		
Course Number	Course Title	Units
APSY-GE 2038	Abnormal Psychology ¹	3
APSY-GE 2070	Research & Evaluation in Behavioral Sciences	3
APSY-GE 2620	Group Dynamics: Theory and Practice ¹	3
APSY-GE 2634	Dynamics of Vocational Development	3
APSY-GE 2682	Cross-Cultural Counseling ¹	3
Advanced Courses		12
<i>To be taken during the second year</i>		
Course Number	Course Title	Units
APSY-GE 2655	Internship in Counseling for Mental Health and Wellness I	3
APSY-GE 2656	Internship in Counseling for Mental Health and Wellness II	3
APSY-GE 2663	Program Development & Evaluation (<i>spring only</i>)	3
APSY-GE 2672	Interpretation and Use of Tests in Counseling Adults (<i>fall only</i>)	3
Other Requirements		15
<i>To be taken any time</i>		
Course Number	Course Title	Units
	Applied Content Area: courses totalling 15 units	15
	CPC Exam (to be taken in final semester of study)	0

¹ Indicates successful course completion required prior to internship.

Foundational Courses are to be taken first, in conjunction with intermediate courses, followed by advanced courses. Other requirements may be taken as they fit into student programs.

For part-time students, the sequencing of courses remains the same. Part-time students need to pay special attention to pre- and co-requisites in planning their programs.