

**Department of Applied Psychology**  
**GECMHWMA - Counseling for Mental Health and Wellness (MA)**  
**Program of Study**  
**2021-2022**

<b>Total Units Required</b>		<b>60</b>
<b>Foundational Courses</b>		<b>18</b>
<i>To be taken during the first year (including summer)</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
<i>First Semester</i>		
APSY-GE 2661	Foundations of Counseling for Mental Health & Wellness <sup>1</sup>	3
APSY-GE 2658	Lab in Individual Counseling Skills <sup>1</sup>	3
APSY-GE 2657	Individual Counseling: Theory and Process <sup>1</sup>	3
APSY-GE 2138	Human Growth and Development <sup>1</sup>	3
<i>Second Semester</i>		
APSY-GE 2651	Professional Orientation & Ethical Issues in Counseling for Mental Health and Wellness <sup>1</sup>	3
<i>Summer</i>		
APSY-GE 2812	Practicum in Counseling for Mental Health and Wellness <sup>1</sup>	3
<b>Intermediate Courses</b>		<b>15</b>
<i>To be taken before or during internship, as noted</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
APSY-GE 2038	Abnormal Psychology <sup>1</sup>	3
APSY-GE 2070	Research & Evaluation in Behavioral Sciences	3
APSY-GE 2620	Group Dynamics: Theory and Practice <sup>1</sup>	3
APSY-GE 2634	Dynamics of Vocational Development	3
APSY-GE 2682	Cross-Cultural Counseling <sup>1</sup>	3
<b>Advanced Courses</b>		<b>12</b>
<i>To be taken during the second year</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
APSY-GE 2655	Internship in Counseling for Mental Health and Wellness I	3
APSY-GE 2656	Internship in Counseling for Mental Health and Wellness II	3
APSY-GE 2663	Program Development & Evaluation ( <i>spring only</i> )	3
APSY-GE 2672	Interpretation and Use of Tests in Counseling Adults ( <i>fall only</i> )	3
<b>Other Requirements</b>		<b>15</b>
<i>To be taken any time</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
	Applied Content Area: courses totalling 15 units	15
	CPC Exam (to be taken in final semester of study)	0

<sup>1</sup> Indicates successful course completion required prior to internship.

*Foundational Courses are to be taken first, in conjunction with intermediate courses, followed by advanced courses. Other requirements may be taken as they fit into student programs.*

*For part-time students, the sequencing of courses remains the same. Part-time students need to pay special attention to pre- and co-requisites in planning their programs.*

Curriculum updated December 2020

File saved March 2021