

Department of Applied Psychology  
Program in Counseling for Mental Health and Wellness (CMHW)  
Program of Study  
2020-2021

<b>Total Units Required</b>		<b>60</b>
<b>Foundational Courses</b>		<b>18</b>
<i>To be taken during the first year (including summer)</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
<i>First Semester</i>		
APSY-GE 2661	Foundations of Counseling for Mental Health & Wellness <sup>1</sup>	3
APSY-GE 2658	Individual Counseling: Practice I <sup>1</sup>	3
APSY-GE 2657	Individual Counseling: Theory and Process <sup>1</sup>	3
APSY-GE 2138	Human Growth and Development <sup>1</sup>	3
<i>Second Semester</i>		
APSY-GE 2651	Prof. Orient. & Eth. Issues in Coun. for MH & W <sup>1</sup>	3
<i>Summer</i>		
APSY-GE 2812	Practicum in Counseling for Mental Health and Wellness <sup>1</sup>	3
<b>Intermediate Courses</b>		<b>15</b>
<i>To be taken before or during internship, as noted</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
APSY-GE 2038	Abnormal Psychology <sup>1</sup>	3
APSY-GE 2070	Research & Evaluation in Behavioral Sciences	3
APSY-GE 2620	Group Dynamics: Theory and Practice <sup>1</sup>	3
APSY-GE 2634	Dynamics of Vocational Development	3
APSY-GE 2682	Cross-Cultural Counseling <sup>1</sup>	3
<b>Advanced Courses</b>		<b>12</b>
<i>To be taken during the second year</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
APSY-GE 2655	Internship in Counseling for MH & W I	3
APSY-GE 2656	Internship in Counseling for MH & W II	3
APSY-GE 2663	Program Development & Evaluation ( <i>spring only</i> )	3
APSY-GE 2672	Interp. and Use of Tests in Counseling Adults ( <i>fall only</i> )	3
<b>Other Requirements</b>		<b>15</b>
<i>To be taken any time</i>		
<b>Course Number</b>	<b>Course Title</b>	<b>Units</b>
	Applied Content Area	3
	Applied Content Area	3
	Applied Content Area	3
	Applied Content Area	3
	Applied Content Area	3
	Identifying and Reporting Child Abuse Workshop	0
	CPC Exam (to be taken in final semester of study)	0

<sup>1</sup> Indicates successful course completion required prior to internship.

Foundational Courses are to be taken first, in conjunction with intermediate courses, followed by advanced courses. Other requirements may be taken as they fit into student programs.

For part-time students, the sequencing of courses remains the same. Part-time students need to pay special attention to pre- and co-requisites in planning their programs.

Curriculum updated January 2020

File saved January 2020