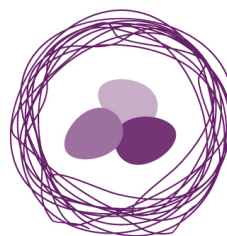


The ASD Nest Support Project, NYU

SOCIAL WORKER / GUIDANCE COUNSELOR

IN THE ASD NEST PROGRAM

Gizem Tanol, PhD
ASD Nest Support Project,
NYU Steinhardt



Created for use in the Nest Program - Not for distribution.

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Role of the SW/GC in the ASD Nest Program

- SW/GC is the primary liaison between the home and the school
- He/she facilitates positive communication between team members and the family via:
 1. **First Contacts** (with incoming families)
 2. **Parent meetings**
 3. **Team meetings**
 4. **Contact with individual families**
 5. **Work with individual students**

SW/GC's Role #1: First Contacts

Home Visit:

- SW/GC sets up before school starts (accompanied by classroom teacher)
- SW/GC uses standardized home visit interview form
- Teacher uses standardized observation form
- SW/GC & Teacher type up notes and present at team meeting

School Visit:

- SW/GC sets up visits for all new students on a day before school starts (in students classroom, with his/her teachers)
- SW/GC arranges to video-tape the visits

Sample Schedule for Initial School Visit

**40 min visits - A1, B1, C1, D1 in Classroom 1;
A2, B2, C2, D2 in Classroom 2**

	Children A1, A2	Children B1, B2	Children C1, C2	Children D1, D2
<u>8:30 - 9:00</u>				
<u>9:00 - 9:20</u>	X			
<u>9:20 - 9:40</u>		X		
<u>9:40 - 10:00</u>				
<u>10:00 - 10:20</u>			X	
<u>10:20 - 10:40</u>				X
<u>10:40 - 11:00</u>				

SW/GC's Role #2: **Parent Meetings**

SW/GC is responsible for scheduling ALL Parent Meetings

SW/GC facilitates meetings for ASD Nest parents

- May have a co-facilitator or guest speaker
- May have differentiated meetings (e.g., younger vs. older grades)
- Ensures meetings are positive and valuable to parents

SW/GC shares resources

- Distributes information provided by the ASD Nest Program on additional resources useful to Nest families
- Directs parents to Nest website for additional resources

Meetings Recommended for **ALL** Parents

- **Initial Parent Meeting**
- **Interactive Presentation of Expert Videos**
 - The Role of Medications in the Treatment of ASDs
 - Adolescent Development
 - Talking about Diagnosis with Your Child
 - Self-Regulation: Strategies for Home and School
- **Self-Regulation Workshop** (presented by school OT)
- **Additional topics requested by parents**

Initial Parent Meeting

- Getting to know one another
- Overview of the ASD Nest classroom & guidelines
- Overview of purpose of meetings
- Survey topics parents like to know more about & good times/ days for future monthly meetings
- Facilitate inter-family communication
- Examples
 - *Panel with parents who've been in the program for couple years*
 - *SLPs and OTs come for meet & greet and brief intro about their role*

Where to Find Expert Videos

NYUSteinhardt
Steinhardt School of Culture, Education, and Human Development

asd nest support project at NYU Steinhardt

METROPOLITAN CENTER FOR URBAN EDUCATION

ABOUT

Past Workshops

FOR PARENTS: Workshops, Upcoming Workshops, **Past Workshops**, Handbook, Newsletter

FOR PROFESSIONALS: Handbook, Newsletter

PUBLICATIONS

CONTACT US

socialists present workshops specially geared toward parents
particular is a sampling of workshops from previous years. When available, links to video and/or
will be available here.

indicates a video of the workshop indicates a workshop handout

For more information about future parent workshops, visit the [Upcoming Workshops](#) page.

We are grateful to the FAR Fund and the New York City Department of Education for providing the resources that made these workshops possible!

The Role of Psychotropic Medications in the Treatment of Autism Spectrum Disorders

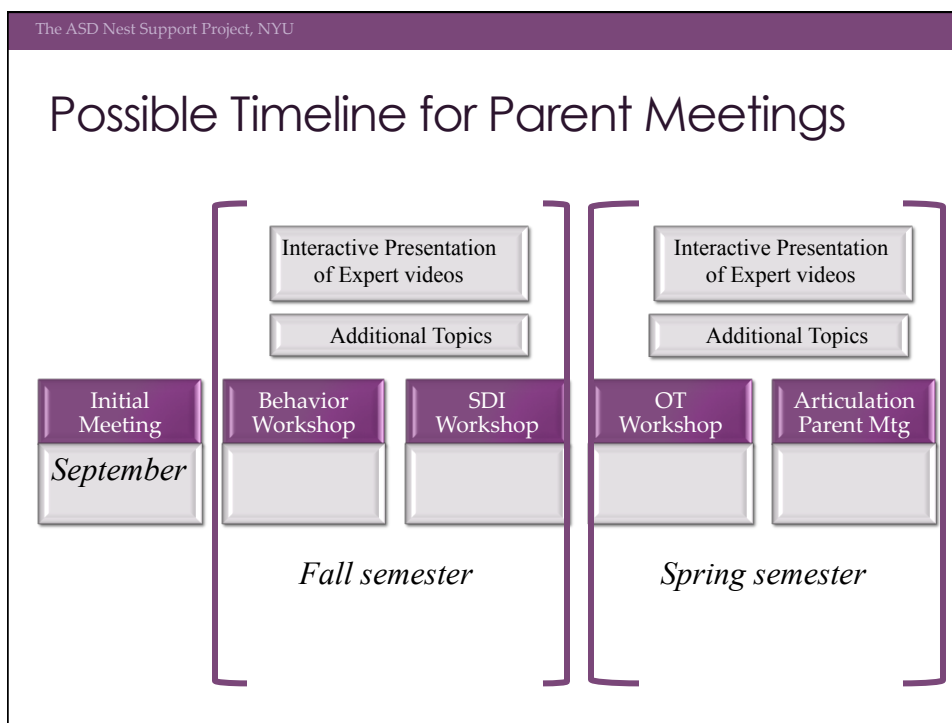
<http://steinhardt.nyu.edu/asdnest/parent/pastworkshops>

Additional topics requested by parents

- Q & A Meetings
- Homework: How can you support your child with homework?
- Strategies for reducing test anxiety
- Social Stories: What are social stories? How can they be used at home?
- Executive functioning challenges
- Fun and learning for the holidays: natural activities for home and community
- Family fun day

Specialized Parent Meetings

- For Parents **New** to ASD Nest Program:
 - **SDI Workshop** (Nest-approved presenter)
 - **Behavior Workshop** (Nest-approved presenter)
- For Parents of **4th-5th grade** students:
 - **“Moving up to Middle School” Parent Articulation Workshop** (facilitated by SW/GC with Nest-provided power point)



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SW/GC's Role #3: **Team meetings**

- Actively participates in weekly team meetings, representing family during case conferencing
- Transmits family's priorities and concerns
 - Help team have a better understanding of the child through parent's eyes.
- Advocates for child within school
- When contact with parents is needed:
 - Takes lead in determining form of communication, objective of communication and who should be involved

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SW/GC's Role #4: **Contact with Individual Families**

- SW/GC learns family's priorities and concerns via home visit and ongoing contacts with family
- Direct contact with parents is often better negotiated by the SW/GC, or with the SW/GC
- Sensitive issues identified by the team often require communication with parent.

SW/GC should be included in fall and spring parent/teacher conferences and annual IEP meeting

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SW/GC's Role #5: **Work with Individual Students**

- May provide classroom assistance by modeling strategies in her repertoire for, or doing them with, teachers
- May provide short-term individual counseling support sessions for children experiencing unusual stress
- May "special" a child who is not in need of pull-out services, but who could benefit from an ongoing one-to-one relationship

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Training/support for SW/GC's in the ASD Nest Program

- Regular meetings of social workers/guidance counselors working in the ASD Nest Program
- Support from colleagues in the program
- City-wide parent workshops