

SAMPLE SCHEDULE
COUNSELING FOR MENTAL HEALTH AND WELLNESS (CMHW)
Total Number of Credits: 60 Credits

Foundational Courses (18 points)—*To be taken during the first year (including summer)*

First Semester

Course No.	Course Title
APSY-GE 2661	Foundations of Couns. For MH & W ¹
APSY-GE 2657	Individual Counseling: Theory and Process ¹
APSY-GE 2658	Individual Counseling: Practice I ¹
APSY-GE 2138	Human Growth and Development ¹

Second Semester

Course No.	Course Title
APSY-GE 2651	Prof. Orient. & Eth. Issues in Coun. for MH&W ¹

Summer Semester before Internship

Course No.	Course Title
APSY-GE 2812	Practicum ¹

Intermediate Courses (15 points)—*To be taken before or during internship, as noted*

Course No.	Course Title
APSY-GE 2070	Research & Evaluation in Behavioral Sciences
APSY-GE 2038	Abnormal Psychology ¹
APSY-GE 2620	Group Dynamics: Theory and Practice ¹
APSY-GE 2634	Dynamics of Vocational Development
APSY-GE 2682	Cross-cultural Counseling ¹

Advanced Courses (12 points)—*To be taken during the second year*

Course No.	Course Title
APSY-GE 2663	Program Development & Evaluation (<i>spring only</i>)
APSY-GE 2672	Interp. and Use of Tests in Counseling Adults (<i>fall only</i>)
APSY-GE 2655	Internship in Counseling for MH & W I
APSY-GE 2656	Internship in Counseling for MH & W II

Other Requirements (15 points)—*To be taken any time*

Applied Content Area (5 Classes)
Identifying and Reporting Child Abuse Workshop
CPC Exam (to be taken in final semester of study)

¹Indicates successful course completion required prior to internship.

Foundational Courses are to be taken first, in conjunction with intermediate courses, followed by advanced courses. Other requirements may be taken as they fit into student programs.

For part-time students, the sequencing of courses remains the same. Part-time students need to pay special attention to pre- and co-requisites in planning their programs.